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THE VISIONARY METHOD

For Christian Practice™



DMW

The Rules of Righteousness

(5) Repentance is turning from evil and doing good according to God's Word (pg.38)

A Teaching By Chinasom Uzodimma Elekwachi

THE VISIONARY METHOD
For Christian Practice™

Presents...

FREE INTRODUCTION

CALLING
SPECIAL EDITION

Bible Companion

&

Journaling Guide

Chinasom U Elekwachi

This DMW summarizes the teachings of The VMFCP's Calling Module, which is featured in my book, 'Calling: Special Edition'. 'Calling: Special Edition' does not use media i.e. movies or tv shows for learning purposes.

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**'Calling: Special Edition' can be downloaded for FREE
from The VMFCP Free eBook Library!!!**



Know

- Repentance is the act of changing your lifestyle.
 - Repentance is like being 'born anew' because there is a renewing of yourself i.e. there is the removal of sin in your choice of lifestyle.



Understand

Repentance can be based on two main factors, which represent the different reasons for lifestyle change.

- Primary factor (the best type of change)
 - Being genuinely sorry or remorseful for my sins, and as a result no longer choosing to commit the sin(s)
- Secondary factor (the practical type of change)
 - Circumstantial change
 - "It does not benefit me to sin, so I will stop."



Do

- Begin to identify the behaviors and actions that you do which you know are wrong, and address and stop them one-by-one based on what you think God hates the most.
 - The VMFCP Basic Standards and the 'WHAT NOT TO DO LIST' featured in the glossary section of 'Calling: Special Edition' can help you identify necessary areas of change (repentance).



Remember

Christians drink new wine and wear a new coat, which means that Christians live a Christian lifestyle (new wine, new garment) as they have repented of their old lifestyle (old wine, old garment). Therefore, if a Christian chose to sin, or rather live the lifestyle they lived before then it would be like mixing old wine with the new wine, or adding an old piece of cloth onto a new coat - it does not work because it voids salvation. Hence, it is impossible to be Christian without change, as the old way of life is left behind simply because it has no place in the Christian lifestyle. This is the meaning of the Lord's parable of the wineskin and garment, and so, it also follows that it is possible to be drunk on "sins" i.e. old wine, and therefore, it is good to acquire a taste for the "new wine". which brings reward (receiving the Holy Spirit) rather than consequence...

- **Luke 5:36-39** - ³⁶He also told a parable to them. "No one puts a piece from a new garment on an old garment, or else he will tear the new, and also the piece from the new will not match the old. ³⁷No one puts new wine into old wine skins, or else the new wine will burst the skins, and it will be spilled, and the skins will be destroyed. ³⁸But new wine must be put into fresh wine skins, and both are preserved. ³⁹No man having drunk old wine immediately desires new, for he says, 'The old is better.'"





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RER Exemplar

Reflection, Extension & Response, or RER for short, is the journaling activity used for the 'Calling' Module of The VMFCP. RER is designed to help you understand your own motivations, choices, and help you plan how to align them with a Christian lifestyle. The RER activity is helpful because it provides you with a framework which helps re-adjust your reasoning that is tied to your moral conscience (the heart).

RER Exemplar For Repentance



REFLECTION	
Reflection A (What I thought)	<ul style="list-style-type: none">• God forgives everything as long as you ask for forgiveness, so it doesn't matter what I do.• I can make up my own beliefs about Christianity and reject what the Holy Bible says.• I can disrespect and disregard God's commandments, and still expect Him to accept me as Christian.• I can pretend that I do not know right from wrong.
Reflection B (The truth about the sin according to the Bible)	<ul style="list-style-type: none">• God only forgives when you stop doing the wrong thing and are genuinely sorry about it, and then do the right thing. (James 4:17, 1 John 1:9, Acts 8:22, Hebrews 10:26)• God knows everything about everyone, and nothing is hidden from Him (Psalm 44:20-21, Jeremiah 17:10) i.e. sins cannot be hidden.• Sinning comes from the self (James 1:13) i.e. sinning just like any choice is based on intention (will) and moral conscience (the heart).

RER Exemplar For Repentance

EXTENSION

Reasons why God says not to commit the specific sin. You can find Scriptures that support the reason(s), but it is not necessary.

- If I continue doing things that I know are wrong, particularly “wrongs” that are common knowledge, then I cannot receive the Holy Spirit i.e. become Christian.
- Most of the disqualifying sins only cause trouble and are not consistent with anyone's personal wellbeing or a conducive and positive environment.
- If I choose to stop sinning then it will bring me more hope i.e. I know there is a chance (opportunity) to save my soul.
- If I choose to stop sinning against other people, then the world would become a better place for me, my family, my friends, and for other people.



RER Exemplar For Repentance



RESPONSE

The practical things that I can do to stop committing the sin.

- (1) Stop any disqualifying sins that are actions because they are the easiest things to change.
- (2) Correct myself in regards to sins that are associated with emotions such as jealousy or envy, for example...
 - Choosing not to say something rude or unhelpful based on jealousy
- **TIP 1** - Pray to God for help to overcome sins associated with emotion.
- **TIP 2** - Fasting to help strengthen my spirit, which can help build discipline (Read Book of Prayers - Volume 1: Repentance and Spiritual Fortification)
 - If you are nervous about praying the whole prayer, just pick the ones that you are comfortable with and are helpful to your personal circumstance.

Remember

- Where there are things that cause you to sin and you are able to stop it, then you should immediately choose to prevent the sin. Taking this course of action can be described as an instant and definite act of repentance - and it is without a doubt that such actions are pleasing to the Lord, the Most High God. This is conveyed by a Scriptural metaphor...
- **Matthew 18:8-9** - *⁸If your hand or your foot causes you to stumble, cut it off and cast it from you. It is better for you to enter into life maimed or crippled, rather than having two hands or two feet to be cast into the eternal fire. ⁹If your eye causes you to stumble, pluck it out and cast it from you. It is better for you to enter into life with one eye, rather than having two eyes to be cast into the Gehenna of fire.*



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